

The Daily Good News



City of Miami Beach Neighborhood Services Department, Housing and Community Development Division

Another Local Resident Becomes a Hero!

■ **A Miami Beach person**, who wishes to remain nameless, is the latest in a series of people who have become local heroes. “It was really easy, and it only took a couple of minutes,” said our hero. “I was at the local supermarket, and I bought some bags of red beans, black beans, and long grain rice for the Food For Life Network food drive. I brought them to City Hall, where they took the groceries to the Food For Life Network distribution center. My donation will help low income Miami Beach individuals living with HIV/AIDS get the proper nutrition they need that will help them increase their physical strength, improve their self care, maintain their weight, enhance their psychological well being, help them with immune system maintenance, and help them prevent getting other diseases and AIDS related illnesses.”

You Can Be a Hero, Too!

The City of Miami Beach Neighborhood Services Department, Housing and Community Development Division is sponsoring a food drive for the Food For Life Network, an organization that provides nutritionally balanced home delivered groceries to low income area residents living with HIV/AIDS.

Please bring your donation* of 1 to 5lb bags of dried red beans, dried black beans or long grain rice to City Hall, third floor, the Housing and Community Development Division.

Donations will be accepted September 11 through September 17, 2005.

*Please only bring these items– they have been selected by Food For Life nutritionists especially for their client population.